

# TRAILHEAD Spa

## WINTER MENU

Welcome to the Trailhead Spa, where the adventure of the West meets the tranquil healing of the Platte River Valley. Perfectly crafted for you, our treatments incorporate a nurturing blend of organic products, skillful techniques, and a holistic setting to bring about a renewal only possible at the soul-inspiring Brush Creek Ranch.

## MASSAGES

### Altitude Adjust Massage

Adjust to the elevation with our bespoke massage of alternating hot and cold facial stones and aromatherapy to alleviate congestion and fatigue.

*60 min \$220 / 90 min \$310*

### Wyoming River Stone Massage

Calm and rebalance the body and mind with essential oils and heated stones to melt away tension the way mother earth intended.

*60 min \$220 / 90 min \$310*

### Brush Creek Signature Aji Massage

Experience our signature massage, an indulging journey meant to harmoniously soothe both mind and body.

*60 min \$200 / 90 min \$300*

*Add deep tissue \$30*

### Moon & Sun Duo

Connect your spirits during a customized duo massage, relax and enjoy a private tea ceremony followed by a couples massage.

*60 min \$550 / 90 min \$750*

### 5 Senses Prenatal Massage

Soothe your mind with aromatic scents while enjoying a blend of hydrating oils to relieve inflammation, muscle tension, and encourage inner peace.

*60 min \$200 / 90 min \$300*

## THERAPY EXPERIENCES

*Include in your massage or facial service to enhance your spa experience / \$30*

- Scalp Treatment
- Deep Sleep Foot Treatment
- LED Facial Therapy
- Perfect Sense Parafin

Reservations may be made through concierge or by visiting the Spa during your stay. Hours of operation are 10am to 6pm. To change or cancel your appointment, please allow 24 hours advance notice of your scheduled appointment to avoid being charged in full. A 20% services fee is charged on all spa services.

## FACIALS

### Mountain Spring Hydration Facial

The ultimate treatment needed for dehydrated skin exposed to harsh weather conditions, this facial combats skin fatigue and dehydration.

*60 min \$200 / 90 min \$300*

### Indian Paintbrush Facial

This soothing facial, suitable for sensitive or inflamed skin, helps reduce redness and restores the skin's natural balance.

*60 min \$200 / 90 min \$300*

### Medicine Bow Facial

This anti-aging luxurious facial recaptures a youthful complexion with telomere nuface technology, infusing peptides and plant stem cells.

*90 min \$300*

### Brush Creek Signature Facial by De La Terre

Reignite skin's youthful luminosity with a facial treatment that brightens, firms, and dramatically improves skin texture and tone.

*90 min \$300*

## BODY RITUAL TREATMENTS

### Goodness of The Sun Ritual

This intensive treatment brings healing to the body and awakens the deepest parts of the mind, for a Zen state of relaxation and wellness, indulging in a shea butter scrub, followed by an age-defying probiotic wrap, and warming massage.

*90 min \$360*

### Four Directions Ritual

Enjoy a honey and blue cornmeal, salt, and prickly pear infused treatment to exfoliate and nourish the skin.

*120 min \$450*

### Mindful Moments Ritual

Remineralize and firm your skin while drawing out impurities with our red clay mask and prickly pear infused body oil.

*120 min \$450*



**LODGE & SPA**  
AT BRUSH CREEK RANCH